

*Supporting dignity, respect, choice, and
self-determination in long-term care*

Regulation and Culture Change: 2.0

A half-day educational summit for surveyors, state agency staff, long term care ombudsmen, and provider staff designed to explore how regulations and culture change fit together to improve care and life for those living and working in older adult services, and specifically care centers.

Friday, October 24, 2008

8:00 a.m.- 12:30 p.m.

Schwan Center
1700 105th Ave NE
Blaine, MN 55449
763-785-5600



Sponsored by:

Minnesota
Culture Change Coalition

Supporting dignity, respect, choice and self determination in long-term care

Purpose

In 2006, the Minnesota Culture Change Coalition held its first educational summit which turned out to be an important step forward in examining how regulation and culture change work together. Join us on October 24 to revisit this important dialogue and continue to work toward our common goal of achieving the highest possible mental and psychosocial well-being of residents.

Culture Change is a journey, not a destination. Its beginning and design are unique to each setting and community. It's not a 'one size fits all' model or building, nor is it a mere passing fad for resident care and services. According to the Pioneer Network, "*Culture Change is an ongoing transformation in the physical, organizational, and psycho-social-spiritual environments that is based on person centered values. Culture Change restores control to elders and those who work closest to them.*" The roots of Culture Change go back to OBRA '87 with its emphasis on "the highest practicable physical, mental, and psycho-social well-being" of each resident. This half-day educational summit for surveyors, state agency staff, and long-term care organization staff is designed to continue to explore how regulations and culture change fit together to improve care and life for those living and working in older adult services.

Schedule

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| 7:30 - 8:00 | Registration |
| 8:00 -12:00 | Connecting Regulation and Culture Change <ul style="list-style-type: none">• "Highest practical physical, mental, and psycho-social well-being"• QIS |
| | Case Examples and Discussion <ul style="list-style-type: none">• Examining current practice in light of quality of life requirements• Recognizing the interplay of quality of life and quality of care |
| | Best Practices <ul style="list-style-type: none">• Supporting maintenance of daily rhythm of life• Asking and listening: "Residents Have the Answers"• Knowledge to practice |
| 12:00 p.m. | Wrap Up/Summary |
| 12:30 p.m. | Adjourn |

Faculty

Barbara Frank

Principal, B & F Consulting, Warren, RI

Andrew Powers

Rhode Island Department of Health, Providence, RI

Lois Cutler, PhD

Research Associate, Division of Health Policy and Management, School of Public Health, University of Minnesota, Minneapolis, MN

Ann Holme

Regional Ombudsman, Ortonville, MN

Panel Members

Provider and Surveyor representatives to be announced

Learning Objectives

As a result of this session, attendees will be able to:

- Define the principles and values of Culture Change and how regulations and Culture Change support each other.
- Demonstrate how quality of life *and* quality of care interrelate to produce better care for residents.
- State at least two strategies to improve the quality of life for residents by actively promoting Culture Change in Minnesota.
- Identify ways that nursing home leaders can better promote maintenance and enhancement for the quality of life and choice of each resident.
- Explore the nuances of how Culture Change is implemented through series of facilitated case studies and shared perspectives.

The Summit was made possible thanks to the following organizations who volunteered their time, their ideas, and dreams of what older adult services could look like as part of the Minnesota Culture Change Coalition:

AARP Minnesota, Aging Services of Minnesota, Alzheimer's Association, Board of Examiners for Nursing Home Administrators, Care Providers of Minnesota, ElderCare Rights Alliance, Good Samaritan Society, The Lutheran Home of Belle Plaine, Minnesota Department of Health (State Survey Agency), Neilson Place, Office of Ombudsman for Long-Term Care, Stratis Health, University of Minnesota, University of Minnesota Center on Aging, University of Minnesota School of Nursing, Walker Methodist Health Center

Continuing Education Credits

This program has been designed to meet the continuing education criteria for the Minnesota Board of Nursing, the Minnesota Board of Social Work, and the Minnesota Board of Examiners for Nursing Home Administrators (CEU approval number MN09-90819) for continuing education credits.

Registration Information

There is no registration fee to attend. The Regulation and Culture Change 2.0 Summit is funded by a generous grant from Minnesota's Civil Monetary Penalties Fund. Continental breakfast and break are included with an individual registration.

Registration is limited and on a first-received basis until **Thursday, October 16**. Attendees are limited to:

- 1 person per Minnesota skilled nursing facility and
- 1 person per corporate office with nursing homes in Minnesota

Only complete, written registrations will be accepted. Please send completed forms either by fax, **612-624-8448**, or mail to **U of M, Center on Aging, 420 Delaware St. SE, MMC 197, Minneapolis 55455**.

An electronic confirmation letter will be sent approximately two working days after receipt of the completed registration form. Please contact **Nancy Russell** at **612-624-1185** or **cla@umn.edu** with questions.

Cancellations

Since the Summit is limited in its number of attendees, if you register and determine later that you are unable to attend, please cancel your place by **Friday, October 17, 2008** by contacting **coa@umn.edu** or **faxing 612-624-8448**, so that individuals on the waiting list may attend.

Lodging

A block of rooms has been reserved at the Comfort Suites, 10580 Baltimore St. NE, Blaine, 763-792-0750, for October 23, at a rate of \$99 per night, please mention the *Culture Change Coalition* when making your reservation.

U of M, Center on Aging Web site: <http://www.hpm.umn.edu/coa/>

REGISTRATION FORM

Regulation and Culture Change: 2.0

October 24, 2008 – Blaine, MN

Name _____ Title _____

Email (*required for registration confirmation*) _____

Company Name _____

Address _____

City _____ Zip _____

Phone _____ Fax _____

Send completed registration form to:

Fax: 612-624-8448

Mail: U of M, Center on Aging
420 Delaware St. SE, MMC 197
Minneapolis 55455