

Heidi Meyer



My grandparents played an enormous role in my life before they both passed away. They had lived in their own homes until they were unable to due to their medical diagnosis and assistance they needed on a day to day basis. I was always so intrigued at the care that I saw them getting. They had come to terms with the fact that they had to leave their home with the support from family and the medical care that they were both receiving. I choose this career because I saw nurses and nursing assistants, to which I don't even know their names; who inspired me to want to be able to give that type of care and warmth to the older adult and their families.

In my life as a nurse I hope that I am always able to impact the older adult society with education. I absolutely enjoy teaching and educating the older adult and their families with regards to medications and conditions to help make their lives a little easier and enjoyable. Education never ends there is always room to grow and in the medical world things are always changing. I strive to let my patient's know that when they discharge from our facility that they can always call with any question; that is what we are here for to care and provide assistance to those that needs it.

I feel that I positively impact someone every day. My specific examples are with education; I feel it is so important to educate patients with regards to their medications. New diabetics have so much to learn and it can be completely overwhelming and frightening. When I can sit down with that patient and explain what is happening, what the medications are, and what we can do together to make this new transition more feasible makes me happy and hopefully helps the patient feel more at ease and accepting.

This spring I assisted with the nursing assistant and nurse's skills fair. I educated staff on proper transfers of a patient, proper documentation, and infection control. I feel as though I am a mentor within the unit I work on. I have encouraged nursing assistants to further their education and have written letters of recommendation.