MINNESOTA'S CALL TO ACTION
FOR PRESSURE ULCER PREVENTION
AND TREATMENT WORKSHOP

Second in a two-part series on CMS’ revised long-term care clinical guidelines
and investigative protocols related to pressure ulcers

Dates & Locations:

Thursday, March 31 - St. Cloud
St. Cloud Civic Center
10 Fourth Avenue South
St. Cloud, MN 56301
(320) 255-7272

Monday, April 11 – South St. Paul
Drovers Inn
701 South Concord St.
So. St. Paul, MN 55075
(651) 450-6015

Wednesday, April 20 - Detroit Lakes
Holiday Inn Lakeside
1155 Highway 10 East
Detroit Lakes, MN 56501
(218) 847-2121

Thursday, April 21 – Bemidji
Holiday Inn Express
2422 Ridgeway Avenue NW
Bemidji, MN 56601
(218) 751-2487

Friday, April 22 - Duluth
Holiday Inn Downtown Waterfront
200 West First Street
Duluth, MN 55802
(218) 722-1202

Monday, April 25 - Rochester
Radisson Plaza Hotel
150 South Broadway
Rochester, MN 55904
(507) 281-8000

Thursday, May 5 – Worthington
Travelodge
2015 North Humiston
Worthington, MN 56187
(507) 372-2991

Friday, May 6 – Mankato
Holiday Inn Downtown
101 East Main Street
Mankato, MN 56002
(507) 345-1234

Monday, May 16 – Minnetonka
Marriott Inn Southwest
581 Opus Parkway
Minnetonka, MN 55343
(952) 935-5500

Thursday, May 19 – Shoreview
Hampton Inn
1000 Gramsie Road
Shoreview, MN 55126
(651) 482-0402

Friday, May 20 – Moundsview
Mermaid Event Center
2200 Highway 10
Mounds View, MN 55112
(763) 780-2900

Training Co-Sponsors with the Minnesota Department of Health:

- Care Providers of Minnesota (CPM)
- ElderCare Rights Alliance
- MN Directors of Nursing Association (MNDONA)
- Minnesota Health & Housing Alliance (MHHA)
- MN Medical Directors Association (MMDA)
- The Office of Ombudsman for Older Minnesotans
- Stratis Health
Suggested LTC Audience

- Clinicians
- Directors of Nursing
- Surveyors
- Other interested staff

Purpose

This educational program is designed to explore the November 12, 2004 CMS Transmittal *Guidance to Surveyors for Long Term Care Facilities* and what it means for changed clinical practices in skilled nursing facilities and how pressure ulcers are investigated in the survey process. This program will also provide a shared learning opportunity for providers and surveyors within each of Minnesota’s 11 survey districts and promote positive working relationships through improved communication about this critical area of resident care.

Learning Objectives

By attending this educational program, participants will be able to:

- Understand the risk factors for pressure ulcers.
- Know how to properly assess individuals at risk for pressure ulcer development.
- Discuss various strategies that are effective in preventing pressure ulcers.
- Differentiate pressure ulcers from lower extremity wounds (non-pressure related)
- Demonstrate how to properly assess and document wounds.
- Define effective treatment strategies for pressure ulcers.
- Recognize the process for conducting the surveyor investigative protocol.
- Describe the process for determination of compliance with federal requirements related to pressure ulcers.
- Explain the relationship between Quality Assurance and Quality Improvement regarding pressure ulcer prevention and management.
- Discuss effective strategies to identify and address care performance gaps and the management of pressure ulcers.

Pre-Program Assignment

- View the CMS video *Clinical Aspects of Ulcer Care in LTC Facilities* on DVD that has been sent by the Minnesota Department of Health to all skilled nursing facilities in Minnesota.
- Download the *Guidance to Surveyors for Long Term Care Facilities in Appendix PP, Tag F314 Pressure Sores* and the new language under F309 and read this guidance PRIOR to attending the session. The address of the site is: http://www.cms.hhs.gov/manuals/pm_trans/R4SOM.pdf

Presenters

Jeri Lundgren, RN,CWS,CWCN, Pathway Health Services, White Bear Lake

Carol Moen, Assistant Program Manager, Licensing and Certification Program, Minnesota Department of Health, St. Paul

Jane Pederson, Director, Medical Affairs, Stratis Health, Bloomington
Program Schedule

9:00 a.m.  Welcome and Opening Remarks

9:15 a.m.  Clinical Focus on the Prevention and Management of Pressure Ulcers
           This presentation will explore how to incorporate the revisions to the pressure
           interpretive guidelines into clinical practices in long-term care facilities.

10:45 a.m. Break

11:00 a.m. Clinical Focus (cont’d)

12:30 p.m. Lunch

1:15 p.m.  Questions and Answers

1:30 p.m.  Understanding the Revised Pressure Ulcer Investigative Protocols
           This presentation will look at the revised investigative protocols including the key elements
           in determining compliance with the pressure ulcer guidelines.

2:15 p.m.  Break

2:30 p.m.  Pressure Ulcer Case Study

3:00 p.m.  Quality Improvement Strategies to Manage Pressure Ulcers
           This presentation will examine quality improvement activities and the implementation of
           effective strategies to address the management of pressure ulcers.

4:00 p.m.  Wrap up/Summary

4:15 p.m.  ADJOURN

4:30 p.m.  Consumer and Family Perspectives on Pressure Ulcer Prevention
           This special program is designed to explore what consumers and family members need to
           know about pressure ulcer prevention and treatment. It includes a clinical overview and an
           opportunity to get to know MDH survey staff from their region of the state.

6:00 p.m.  Program Adjourns

Continuing Education Credits/CME Credits

This program has been designed to meet the continuing education requirements of the Minnesota Board of Nursing for licensed nursing professionals for 6.9 contact hours. Nursing Home Administrators will receive 5.75 clock hours of Minnesota BENHA approved CE.

Stratis Health is accredited by the Minnesota Medical Association to provide continuing medical education for physicians.

Stratis Health designates this educational activity for a maximum of 6.5 hours of category 1 credit toward the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Please let us know if you have special needs, and how we can accommodate those needs.

Accommodations

Information on local overnight accommodations for all meeting site cities will be sent out in program registration confirmation letters.
To get the most out of this shared learning opportunity providers are strongly encouraged to make every effort to register staff to attend the program scheduled for their specific survey region. Registration is limited to **3 staff per organization** (total) for the series and is on a first-received basis. Corporate office staff registration is also limited to 3 staff per organization and is on a first-received basis. Due to the number of co-sponsoring organizations for this event and to minimize confusion, registration will be handled through one - Care Providers of Minnesota. **Payment must accompany every registration. Invoicing will not be an option.**

**Registration fee:** $85.00 per person. This fee includes handouts, breaks and lunch.

Registrations may be sent as follows:
- **Online:** [www.careproviders.org](http://www.careproviders.org) (Credit card number required)
- **FAX:** (952) 854-6214
- **Mail:** Jennifer Baker, Care Providers of Minnesota, 7851 Metro Pkwy, Suite 200, Bloomington, MN 55425

### REGISTRATION FORM

**PRESSURE ULCER PREVENTION AND TREATMENT**

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**Organization** _______________________________________________________________

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**Method of Payment:**
- [ ] Enclosed (check)
- [ ] Visa
- [ ] MasterCard
- [ ] American Express

**Card # __________________________________________ Exp. Date __________________________

**Name on Card __________________________________________ Cardholder’s Signature __________________________