Fall Prevention
Getting to the Root Cause of Falls

March 29, 2012
Crowne Plaza North
Brooklyn Center

A fall prevention program designed for nursing home, assisted living, and senior housing with services staff
A resident fall in a skilled nursing facility costs an average of $9,100 to $13,500, according to the Centers for Disease Control.

Care Providers of Minnesota is pleased to partner with Empira, a Minnesota consortium of older adult service providers, to present a full-day seminar for long-term care providers on fall prevention, using a root cause analysis approach.

In 2008, Empira received Minnesota Department of Human Services’ Performance Incentive Payment Program (PIPP) funding to develop a program to prevent and reduce resident falls in fifteen nursing facilities. The resulting Empira Fall Prevention Program incorporates a combination of nationally-recognized, evidence-based, fall prevention practices and practical applications from the most recent research findings. Empira’s program advocates for a restraint-free, alarm-free, corrected-bed-height, no-floor-mat environment.

The key to the program’s outcomes—a significant reduction in the total number of falls, as well as the number of residents who fell—is based on the application of an in-depth root cause analysis study.

At the completion of its 3-year program, Empira nursing facilities collectively achieved a 20–30% reduction in the prevalence of resident falls.

In January 2012, Empira’s Fall Prevention program received the Minnesota Department of Human Services, Commissioner’s Circle of Excellence Award for “their contributions to the well-being of human services clients.”
Objectives

This in-depth seminar will cover the implementation of a comprehensive fall prevention and reduction program. At the completion of this seminar, attendees will be able to:

- Gain insights from lessons learned negotiating the implementation of a program that tests the current practices for fall prevention within the long-term care provider community
- Recognize the importance of starting a program with the initial and continuous investigation into the root cause analysis of a fall
- Examine effective and ineffective fall prevention strategies and interventions
- Identify the development of new responsibilities for all long-term care facility, assisted living, and senior housing with services departments
- Create a comprehensive internal educational program
- Audit and monitor the ongoing operational system to insure compliance and redundancy

Scholarships

Care Providers of Minnesota is delighted to collaborate with Empira, not only to present this seminar, but also to provide scholarships to offset one-half of the registration fee for a limited number of second registrants from a nursing home, assisted living, or housing with services provider.

Because of the importance of this training for nursing and therapy staff, as well as administrators and managers, 22 scholarships will be awarded, each worth $67.50, representing 50% of the member registration fee.

Scholarships will be awarded on a first-come, first-served basis, with the following requirements and limitations:

- Request for scholarship must be indicated on registration
- No more than one scholarship per nursing home/assisted living/housing with services provider may be requested
- No more than one scholarship per corporate office may be requested
- Scholarship recipients must be employed by a Care Providers of Minnesota member facility in good standing
- Registrations must be received on the same registration form and all attendees must be from the same nursing home/assisted living/housing with services provider

If you are awarded a scholarship and the second registrant is unable to attend the seminar, please let Care Providers of Minnesota know immediately so another member may use the scholarship.

A scholarship recipient who does not attend the seminar will be charged the full registration price of $135.
Sue Ann Guildermann RN, BA, MA

Presenter Sue Ann Guildermann, RN, is the director of education for Empira and an internationally-recognized speaker with more than 35 years of experience providing education, leadership, and consultation to long-term care organizations.

Sue Ann holds a BA and MA in communication and adult education and currently designs and produces educational seminars and conferences for Empira, a consortium of 27 skilled nursing facilities in Minnesota. She directs quality improvement projects based upon resource analyses, evidence-based practices, and data assessment and interpretation.

For the last three years, Sue Ann has designed, presented, and directed the education for both the management and direct-line staff of 23 skilled nursing facilities for a national and state pay-for-performance improvement grant. The purpose of this grant was to reduce resident falls in nursing home settings.

Sue Ann has edited, designed and written educational manuals, printed materials and videotapes. She also teaches at the University of Minnesota in the School of Public Health.

In 2005, she received the Chairperson’s Award from Care Providers of Minnesota in recognition of her outstanding leadership in educational programming.

Empira

A proud partner providing support to Care Providers of Minnesota for this seminar.
Details
Date: March 29, 2012
Where: Crowne Plaza North, 2200 Freeway Boulevard
Brooklyn Center (694 and 94 interchange)
Time: 9:00 am – 4:15 pm (8:30 am check-in)
Cost: $135 per member registrant
$185 per prospective member registrant
(includes course materials, continental breakfast, lunch, and refreshments)
CEUs: 6 clock hours, 7.2 contact hours
Code: MN12-90217

Lodging
Care Providers of Minnesota has a room block at the Crowne Plaza North for $93 per room, per night. Please reserve your accommodations early and mention Care Providers of Minnesota to receive this rate. Call Crowne Plaza North at 1-800-481-3556 for reservations.

Cancellation/No Show Policy
We understand that circumstances arise to prevent you from attending the seminar after you have registered. Care Providers of Minnesota works to ensure that all registrations are processed in a timely and efficient manner, and we are willing to work with you in the event you have to cancel your registration.

If you cancel on or before March 21, 2012, we will gladly refund your registration fee and retain only $25 per attendee for a cancellation fee. We are unable to offer any refund after March 21, 2012, for cancelled registrations. We encourage you to find someone to take your place if possible. No shows are charged the full registration fee and will receive course materials.

Registration
There are three ways to register:
1. Online at www.careproviders.org
   (go to Education & Events)
2. Via mail or fax (form available online)
3. Call Cara Tuenge at 952-851-2494 or 800-462-0024