Call for applications for the Class of 2020

CREATING A NEW DECADE OF LEADERS

12th class of Leading4Life Fellows

Leading4Life Fellows grow & learn from one another, becoming more effective leaders who empower others to improve the world.
BELIEF STATEMENT

We believe that the best leadership programs take place over a substantial period of time, introduce multiple perspectives and tools to a diverse team of adult learners, and engage those adults in learning from one another.

BACKGROUND

The Leading4Life Leadership Fellowship Program began in 2009 with funding from the Rick E. Carter Leadership and Governance Fund and the James B. Swanson Fund. The program continues through the generosity of sponsors Infinity Rehab, Vaaler Insurance, and Care Providers of Minnesota Service Corporation—as well as valuable donors and leaders within our profession.

We developed the leadership curriculum in partnership with Ethical Leaders in Action (ELA) and its president, Lead Program Instructor Dr. Charles Weinstein. Together, we continue to improve it each year. This fellowship program builds leadership strengths in practicing professionals, engaging them in a dynamic curriculum, interactive instruction, and multiple practical and experiential learning experiences.

PROGRAM TOPICS

Classes are one day each month at Care Providers of Minnesota, Bloomington

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<th>Classes</th>
<th>Topics</th>
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<td>December 2019</td>
<td>Orientation and Goal Setting/Introduction to Ethical Leadership in Healthcare, Leading Self: The Virtues of Ethical Leadership, Effective and Ethical Decision-Making, Meaningful Mentorship, Building High-Performance Teams, Emotional Intelligence, Learning from Servant Leadership, Cultural Competence/Intercultural Communication, Applying Leadership Tools and Techniques, Staff Engagement</td>
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<tr>
<td>November 2020</td>
<td>Leading Through Change, Graduation and group presentations</td>
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2020 PROGRAM COMPONENTS:

- Monthly classes take place, each addressing different aspects of leadership in long-term care. All sessions are taught or facilitated by the program instructors; guest instructors also contribute subject matter expertise.
- Most classes include presentations from a select group of guest advisors: accomplished leaders in the Minnesota long-term care community who share their perspectives with participants. These guest advisors also make themselves available to Leading4Life participants outside of class for mentorship and advice.
- Preparation is recommended prior to some class sessions. Class preparation may include online assessments, reflection on leadership topics introduced in class, and limited readings provided in advance.
- Participants complete an individual leadership project that solves a problem or achieves an improvement in their organization or community. This is an opportunity for participants to honor the investment that the community has made in their leadership development—and to apply emerging skills.
- The Leading4Life class will be divided into small teams; each team will develop and present a seminar on a leadership topic to their classmates and to the broader Care Providers of Minnesota community. Instructors will provide guidance to each team at every step of this process.
- Participants will have the option of completing the ELA Virtues of Ethical Leadership Feedback Assessment (VELFA), gather input, and work with a program instructor one-on-one to use that input to inform their leadership development.

BENEFITS:

We are committed to delivering benefits to individuals and their organizations that far exceed their investments of time and tuition costs:

- Each class includes leadership skills and concepts that are relevant for the profession.
- Participants meet with their sponsors and program instructors to frame personal leadership goals. Every month, participants bring learning back to their home organizations.
- Program participants learn from one another, drawing upon diverse experiences, backgrounds, and life goals.
- Fellows forge lasting relationships with one another, building a broad, strong network of fellow leaders from around the state.
- Individual projects benefit each fellow’s home organization, as they apply their learning to address real-life leadership challenges.
- Leading4Life Fellows learn from and connect with leaders from across the profession, preparing to become the engaged community leaders of the future.
WHAT PAST LEADING4LIFE FELLOWS HAVE SAID:

- It has been even more enriching than I had imagined. Chad has created a group dynamic where we really have personally invested in the process and are sharing and trusting in open ways.

- Each month, I brought back information I had learned and shared with the other senior leaders in our center. It was a great way for all of us to benefit from my participating in the class.

- This has been a brilliant opportunity to step out of the day-to-day scene and take time to really focus on and collaborate on being better leaders. The group is very interactive and I have personally been able to take away something very positive after each meeting.

ELIGIBILITY:

The Leading4Life Leadership Fellowship Program is available to anyone who works for a Care Providers of Minnesota member organization; applicants come from many roles within those organizations. Fellowship candidates who demonstrate leadership potential and are able to commit to full participation (including monthly, in-person classes away from their work environment) will derive the most benefit from this program. Tuition fees cover a portion of the program expenses, and constitute a monetary commitment on behalf of participants.

To assure that the program is accessible to members, we offer a reduced tuition rate for smaller organizations and will consider hardship scholarships for interested and qualified applicants if the fee would otherwise preclude them from participating.

Specifically, participants must agree to:
- consistent class participation;
- completion of an individual project;
- participation in assigned group and individual learning activities;
- engagement with your sponsor; and
- completion of class and project evaluations.

IMPORTANT DATES:

August 5, 2019  Applications open
October 4, 2019 Applications deadline

THANK YOU TO OUR SPONSORS

CARE PROVIDERS OF MINNESOTA FOUNDATION was founded in 1978 and is affiliated with Care Providers of Minnesota, a nonprofit, long-term care professional association. The future quality of long-term care depends on building the public’s awareness of a definite need for more professional services and to identify and support projects that will meet those needs. Find out more at: www.careproviders.org/foundation.

Transforming care and service delivery for seniors and persons with disabilities through education and leadership development.